



Simple Cucumber Raita

Serves 4 to 6

Ingredients

- 2 cups Plain Yogurt
- 1 medium sized cucumber, finely diced or grated with seeds removed
- Freshly squeezed lemon, to taste
- 1 teaspoon cumin powder
- A pinch of sugar
- Salt and pepper to taste
- Fresh mint leaves, finely chopped (Optional)

Directions

1. Add all the ingredients except the mint in a bowl. Stir well to combine.
2. Adjust seasoning as necessary.
3. Garnish with fresh mint leaves.

Tip: Raita simply refers to a dip with yogurt that is served as a side. You can use a variety of vegetables to make raita including onions, chives, tomatoes, beets and radishes.