



ACTIVITY CALENDAR

MARCH 2024: THE CENTER @ LENOX HILL NEIGHBORHOOD HOUSE

CENTER INFO

For class changes, cancellations, or next day menu, call **212-218-0319** after 6 p.m. For class descriptions, ask a staff member or volunteer at the Front Desk to view the class descriptions catalog.

CLOSURES:
Both Centers are closed on March 12.

HOURS
Mon-Fri, 8 a.m. - 6 p.m.
Sat-Sun, 8 a.m. - 3 p.m.

MEALS
Breakfast:
Daily, 8:15 - 9 a.m.
Lunch:
Daily, 11:30 - 12:30 p.m.
Dinner:
Mon-Fri sit-down, 4:30 - 5:30 p.m.
Sat-Sun Grab & Go, 1:30 - 2:30 p.m.

12:45-2:45
Connecting Across Cultures
331 - 1st Floor, Room A

****1:00-2:00****
Sundays @ 1 Performance Series
331 - Auditorium
3/10 Equity Library Theatre of New York
3/17 Sing for Hope
3/24 Gramercy Street Band
3/31 Rob Silverman

1:45-2:45
Connecting with our Neighbors
Dining Room

ADVISORY COUNCIL ELECTIONS IN MARCH

Members can self-nominate to run for one of 5 Advisory Council seats in March. Elections will be held March 18-March 22. For more information, pick up a flyer at the Center or contact Center Director Sara Woodson at 212-218-0315 or swoodson@lenoxhill.org.

TRIPS

From The Center:

Wednesday, 3/6, 11-3:30: New York Botanical Gardens
Thursday, 3/7, 11-3:30: Brighton Beach
Monday, 3/18, 1-4: Chelsea Market
Monday, 3/25, 1-4, Chinatown
Thursday, 3/28, 1-4: Costco

From Saint Peter's:

Thursday, 3/7, 11-3:30: Brighton Beach
Tuesday, 3/19, 11-2: Costco
Wednesday, 3/20, 11-3:30: New York Botanical Gardens
Thursday, 3/21, 11-2: Chelsea Market
Tuesday, 3/26, 11-2: Chinatown

TECH ED

Winter Technology Classes are currently in session with limited open spots available in registration-required classes. To view the full list of classes, pick up a Tech Ed Catalog at the front desk. For questions about classes or ongoing help options, please contact **212-218-0477** or **teded@lenoxhill.org**.

SOCIAL SERVICES

Walk-in Social Services appointments are available Mondays 1:00 p.m. - 3:00 p.m. and Wednesdays 9:00 a.m. - 12:00 p.m. at the Center.

To schedule an appointment, please call **212-218-0569** and leave your name, phone number and a brief message, and a member of the team will call you back.

For the full list of Social Services programming, pick up a Social Services calendar at the Center.

MONDAY

9:30-11:00
Beginner English for Chinese Speakers
Sun Room

9:30-11:00
Tech Office Hours with Johnny
Dining Room

10:00-11:00 (NO CLASS 3/18)
Collage
Art Room

**** MARCH 4, 10:30-11:15 ****
March Trip Sign Ups
Dining Room

11:00-12:00 (NO CLASS 3/18)
Open Art Studio
Art Room

12:00-1:00
Energetic Healing Gatherings
Join to receive energy that will help participants release what we don't need and assist our bodies in healing
331 - Gym

1:00-2:00 (NO CLASS 3/11, 3/18)
Comedic Improv
331 - Auditorium

1:00-2:00
Connecting with our Neighbors
Dining Room

1:00-2:00 (NO CLASS 3/18)
Virtual Still Life (Hybrid)
Meeting ID: 915 3199 7295; email mswallah@lenoxhill.org for passcode
331- 4th Floor, Art Room

1:00-2:00 (NEW CLASS 3/11)
Basic Salsa Dancing for Beginners
Sun Room

****MARCH 4 1:00-2:00****
Monthly General Membership Meeting + ADVISORY COUNCIL UPDATES
Garden Room

1:15-3:15 (3/4, 3/18 ONLY)
Opera Appreciation (Hybrid)
331 - 4th Floor, Room A

1:30-2:30 (ENDS 3/4)
ESOL Speaking and Pronunciation
331- 4th Floor, Room C

1:30-2:30 (ENDS 3/11)
Today in Tech Drop-in Lecture Series
331 - 1st Floor, Room B

2:00-4:00
Ping Pong
Sun Room

2:15-3:15 (NO CLASS 3/18)
Steal like an Artist: Learning Through Master Studies
331 - 4th Floor, Art Room

2:45-4:00 (NO CLASS 3/11, 3/18)
Improv to Script: Editing
331 - 4th Floor, Room D

3:15-4:15 (NO CLASS 3/18)
Free Flow Art
331 - 4th Floor, Art Room

3:15-4:30
Open Computer Lab
331 - 1st Floor, Room B

5:00-5:45
Book Exchange and Discussion
Dining Room

TUESDAY

CLOSED 3/12

9:15-10:30 (NO CLASS 3/12)
Advanced Beginner German
Sun Room

10:00-11:00 (NO CLASS 3/12, 3/19)
Morning Sketching
331 - 4th Floor, Art Room

10:30-11:30 (NO CLASS 3/12)
Rack Your Brain with Bev
Sun Room

10:30-12:00 (ENDS 3/12)
Tech: Intro to Excel
331 - 1st Floor, Room B

11:30-12:30 (NO CLASS 3/12, 3/19)
Beginner Ballet with Hannah
331 - Auditorium

12:30-2:45 (NO CLASS 3/12)
Connecting Across Cultures
331 - 1st Floor, Room A

1:00-2:00 (NO CLASS 3/12, 3/19)
Virtual Portraits
Meeting ID: 915 3199 7295
Request passcode at mswallah@lenoxhill.org
331- 4th Floor, Art Room

1:00-2:00 (NO CLASS 3/12)
Connecting with our Neighbors
Dining Room

1:00-2:00 (NO CLASS 3/12)
Movement Speaks
Garden Room

1:00-2:00(NO CLASS 3/12, 3/19)
Music Appreciation with Michelle
Sun Room

1:00-1:45 (3/5, 3/12, 3/19 ONLY)
Spring Musical Guys & Dolls SR Session 1
Auditions first week of March and call backs second and third weeks of March.
Auditorium

1:30-3:00 (NO CLASS 3/12)
Tech: Computer Basics
331 - 1st Floor, Room B

1:30-3:00 (NEW CLASS 3/25, 4/1 ONLY)
Tech: Intro to Coding
331 - 1st Floor, Room B

1:45-2:30 (3/5, 3/12, 3/19 ONLY)
Spring Musical Guys & Dolls SR Session 2
Auditorium

2:00-4:00 (NO CLASS 3/12)
Sound Off with Anton Mallner
Sun Room

2:30-3:15 (3/5, 3/12, 3/19 ONLY)
Spring Musical Guys & Dolls SR Session 3
Auditorium

2:30-3:15 (NO CLASS 3/12, 3/19)
Beginning Piano Class with Michelle
Garden Room

2:45-4:45 (NO CLASS 3/12, 3/19)
Advanced Acting Monologue Work
Register via kevans@lenoxhill.org
331- 4th Floor Room A

3:00-4:00 (NO CLASS 3/12, 3/19)
Free Art
331-Art Room

3:15-4:30
Tech: Beyond Basics
331- 1st Floor, Room B

3:30-4:15 (NO CLASS 3/19)
Watercolor with Musah
Garden Room

4:00-4:45 (NO CLASS 3/19)
Karaoke with Michelle
Sun Room

ACTIVITY CALENDAR MARCH 2024: THE CENTER @ LENOX HILL NEIGHBORHOOD HOUSE

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>9:30-10:30 Tai Chi with Fans + Qigong (in Chinese) Garden Room</div> <div>9:30-11:30 (STARTS 3/6) Baubles and Beads W Syma 331-Art Room</div> <div>10:00-10:45 (NO CLASS 3/6, 3/20) Meditation and Creative Journey Sun Room</div> <div>10:30-11:30 English Skills for Memory and Well-being with Lark (Chinese-English) Garden Room</div> <div>10:45-12:00 (NO CLASS 3/20) Intermediate Spanish with Christine Preregistration Closed 331 - 4B</div> <div>1:00-1:45 (3/6, 3/13, 3/20 ONLY) Spring Musical Guys & Dolls SR Session 1 Auditorium</div> <div>1:00-2:00 (NO CLASS 3/20) Music Creation with Michelle 331- 4th Floor Room A</div> <div>1:00-2:00 Connecting with Our Neighbors Dining Room</div> <div>**MARCH 13, 1:00-2:00 ** Introduction to NYC Free Tax Prep Garden Room</div> <div>**MARCH 20, 1:00-2:00** Balance and Falls Prevention with Ivy Rehab Garden Room</div> <div>**MARCH 27, 1:00-2:00** Let's Talk and Eat Vegetables with Grow NYC - Garden Room</div> <div>1:00-2:00 (3/20 ONLY) How to Manage Your Vision Change 331-1st Floor Room A</div> <div>1:00-2:00 (NO CLASS 3/20) Charcoal & Shading 331 - 4th Floor - Art Room</div> <div>1:15-2:00 (NO CLASS 3/20) Intermediate Ballet Barre W Hannah 331-Gym</div> <div>1:30-2:30 (STARTS 3/20) Book Club with Heather 331-4th Floor Room B</div> <div>1:30-2:30 (ENDS 3/13) Tech: Making Art with Tablet Devices 331 - 1st Floor, Room B</div> <div>1:45-2:30 (3/6, 3/13, 3/20 ONLY) Spring Musical Guys & Dolls SR Session 2 Auditorium</div> <div>2:00-2:45 (NO CLASS 3/20) Ballet combinations 331 - Gym</div> <div>2:00-3:00 Chess Club with Robert Dining Room</div> <div>2:00-3:00 (NO CLASS 3/27) English Language Partners 331 - 1A</div> <div>2:00-3:00 (NO CLASS 3/20) Painting Studio 331 - 4th Floor, Art Room</div> <div>2:00-3:45 Movie Matinee in the Sun Room 3/6 It's Complicated (2009) 3/13 yesterday (2019) 3/20 The Circle (2017) The Great Debaters (2007)</div> <div>2:30-3:15 (NO CLASS 3/20) Beginning Piano with Michelle Preregistration Closed Garden Room</div> <div>2:30-3:15 (3/6,3/13, 3/20 ONLY) Spring Musical Guys & Dolls SR Session 3 Auditorium</div> <div>2:30-4:15 (NO CLASS 3/6, 3/20) Advanced Acting Scenework Pre-registration required email kevans@lenoxhill.org 331 - 4th Floor, Room D</div> <div>3:15-4:30 Open Computer Lab 331 - 1B</div> <div>3:30-4:15 (NO CLASS 3/20) Music Theory with Michelle Preregistration Closed Garden Room</div> <div>6:00-7:00 (VIRTUAL CLASS) Chinese Language & Culture Zoom Meeting ID: 87051898124</div>	<div>9:15-11:00 Ping Pong Sun Room</div> <div>9:30-11:00 Chinese Folk Dance (in Chinese) 331 - Auditorium</div> <div>10:00-11:00 Mandarin for Beginners With Lark and Zhengshan 331 - 4th Floor, Art Room</div> <div>10:30-11:45 Write Your Heart Out (Hybrid) Zoom Meeting ID: 831 8202 5884 For passcode email Lwen@lenoxhill.org 331 - 4th Floor, Room B</div> <div>10:30-11:30 (NO CLASS 3/7, 3/21) Acting Discussion (Hybrid) For Meeting ID and passcode please email Kerri at KEvans@lenoxhill.org 331 - 4th Floor, Room A</div> <div>10:30-12:00 (ENDS 3/14) Tech: Useful NYC Apps 331 - 1st Floor, Room B</div> <div>11:30-12:30 (NO CLASS 3/21) Beginner Tap 331 - Auditorium</div> <div>12:30-1:15 Lunch Music with Monsieur Jacques Sun Room</div> <div>**MARCH 28, 12:45-1:00** Monthly Birthday Celebration Celebrate this month's birthdays with cake and music Dining Room</div> <div>1:00-1:45 (NO CLASS 3/7, 3/21) Beginner Acting Garden Room</div> <div>1:00-2:00 Laughing Matters Discussing stories by renowned humorists, helping us understnad how comedy "works". 331- 4th Floor, Room B</div> <div>1:00-2:00 Connecting with our Neighbors Dining Room</div> <div>1:00-2:00 Beginner French 2 with Dean *Preregistration at Center Front Desk 331 - 1st Floor, Room A</div> <div>1:30-3:00 (ENDS 3/14) Tech: Computer Basics 331 - 1st Floor, Room B</div> <div>2:00-2:45 (NO CLASS 3/21) Intermediate Tap with Hannah 331- Auditorium</div> <div>2:00-4:30 (NO CLASS 3/21) Open Art Studio 331 - 4th Floor, Art Room</div> <div>2:45-3:30 (NO CLASS 3/21) Intermediate Tap Combinations 331 - Auditorium</div> <div>3:00-4:00 (NO CLASS 3/21) Intermediate Piano Class *Preregistration closed Sun Room</div> <div>3:15-4:00 (NO CLASS 3/7, 3/21) Writing for Performance (Hybrid) 331 - 4th Floor, Room A</div> <div>3:15-4:15 Groovin' with Clovis Garden Room</div> <div>3:15-4:30 (ENDS 3/14) Tech: Beyond Basics 331 - 1st Floor, Room B</div>	<div>9:30-11:00 Tech Office Hours with Jake Dining Room</div> <div>9:30-10:30 Vocal Training (in Chinese) 331 - Auditorium</div> <div>10:00-11:00 (NO CLASS 3/22) Mixed Media Studio 331 - 4th Floor, Art Room</div> <div>10:30-11:30 Chorus Practice (in Chinese) 331 - Auditorium</div> <div>10:30-11:30 (NO CLASS 3/8, 3/22) Comedic Improv Online (Hybrid) For Meeting ID and passcode please email Kerri at KEvans@lenoxhill.org 331 - 4th Floor, Room A</div> <div>11:00-12:00 (NO CLASS 3/22) Open Art Studio 331 - 4th Floor, Art Room</div> <div>11:00-12:00 (STARTS 3/1) Write A Letter to A Friend Say the Things You Never Said 331 - 4th Floor, Room B</div> <div>12:00-12:45 (NO CLASS 3/22) Lunch Music Garden Room</div> <div>12:00-1:30 Exercise with Occupational Therapy Student Mark Torres 331 - Gym</div> <div>12:30-1:30 (ENDS 3/15) Beginner Spanish Conversation 331- 1st Floor, Room A</div> <div>12:30-2:30 Road to Runway: Fashion 331 - 4th Floor, Room A</div> <div>1:00-1:45 (3/8, 3/15, 3/22) Spring Musical Guys & Dolls SR Session 1 331 - Auditorium</div> <div>1:00-1:45 (NO CLASS 3/22) Simonson Technique 331 - 4D</div> <div>1:00-2:00 (STARTS 3/1NO CLASS 3/8, 3/15)) Creative Wellness through Arts Garden Room</div> <div>1:00-2:00 Connecting with our Neighbors Dining Room</div> <div>1:15-2:30 (NO CLASS 3/22) Watercolor with Musah Sun Room</div> <div>1:30-2:15 (ENDS 3/15) Beginner iPhone/iPad Drop-in Series 331 - 1st Floor, Room B</div> <div>1:45-2:30 (NO CLASS 3/22) Simonson Combinations 331 - 4D</div> <div>1:45-2:30 (3/8, 3/15, 3/22) Spring Musical Guys & Dolls SR Session 2 331 - Auditorium</div> <div>2:15-3:00 (ENDS 3/15) Intermediate iPhone/iPad Drop-in Series 331 - 1st Floor, Room B</div> <div>2:15-3:30 Knitting Group W Ellen and Jianxia Garden Room</div> <div>2:30-3:15 (3/8, 3/15, 3/22 ONLY) Spring Musical Guys & Dolls SR Session 3 Auditorium</div> <div>2:30-4:30 Learn to Play Bridge 331-4th Foor Room A</div> <div>3:15-4:15 Groovin' with Clovis Sun Room</div> <div>3:15-4:30 Open Computer Lab 331 - 1st Floor, Room B</div>	<div>9:30-11:00 Building Bridges Between Cultures (Conversation for English learners) Sun Room</div> <div>10:00-10:45 (3/2 ONLY) Monthly New Member Orientation -Member Rights and Center Policies -Meet the Staff -Programming Overview -Social Services Overview 331- 4th Floor Room A</div> <div>10:00-11:30 Belly Dancing 331- 4th Floor Room D</div> <div>10:00-11:30 Clayworks: Creating Sculpture 331 - 4th Floor, Art Room</div> <div>12:45-1:45 Body Awareness/Learning Balance 331 - Auditorium</div> <div>12:45-2:45 Learn to Play Bridge 331 - 4th Floor, Room A</div> <div>12:45-2:45 Connecting Across Cultures 331 - 1st Floor, Room A</div> <div>12:45-2:45 Karaoke Singalong (in Chinese) 331 - 4th Floor, Room D</div> <div>1:00-2:00 Connecting with our Neighbors Dining Room</div> <div>1:45-2:45 Tai Chi Practice - 37 Yang Style 331 - Gymnasium</div>