



AT LENOX HILL NEIGHBORHOOD HOUSE

Mango Shrikhand (Indian Mango Pudding)

Serves 4-6

Ingredients

- 1 2 lb tub or 4 cups Greek yogurt
- 1 ½ cups mango puree
- ⅔ cup sugar
- 1 pinch saffron
- 1 tablespoon warm milk
- ½ teaspoon ground cardamom
- Slivered almonds and pistachios

Directions

1. In a bowl mix together Greek yogurt, mango puree, sugar and whisk till sugar is dissolved and yogurt and mango puree are well combined.
2. Dissolve the saffron strands in the warm milk.
3. Add saffron and cardamom to yogurt mix.
4. Top with almonds and pistachios or any fresh fruit or nuts of your choice.

Notes:

- You can use fresh mangoes pureed or use canned mango puree available at most Indian stores as well as online.
- Mango is traditional but feel free to use other fruit purees such as strawberry or peaches.