



ACTIVITY CALENDAR

JANUARY 2024: THE CENTER @ LENOX HILL NEIGHBORHOOD HOUSE

CENTER INFO

For class changes, cancellations, or next day menu, call **212-218-0319** after 6 p.m. For class descriptions, ask a staff member or volunteer at the Front Desk to view the class descriptions catalog.

CLOSURES:

All locations are closed on January 1 and January 15.

HOURS

Mon-Fri, 8 a.m. - 6 p.m.
Sat-Sun, 8 a.m. - 3 p.m.

MEALS

Breakfast:

Daily, 8:15 - 9 a.m.

Lunch:

Daily, 11:30 - 12:30 p.m.

Dinner:

Mon-Fri sit-down, 4:30 - 5:30 p.m.
Sat-Sun Grab & Go, 1:30 - 2:30 p.m.

SUNDAY

12:45-2:45

Connecting Across Cultures

331 - 1st Floor, Room A

**1:00-2:00

Sundays @ 1 Performance Series

331 - Auditorium

1/7: Zerexes Marolia

1/14: Theater of Light

1/21: Rob Silverman

1:45-2:45

Connecting with our Neighbors

Dining Room

SOCIAL SERVICES

Walk-in Social Services appointments are now available Mondays and Wednesdays at the Center. To schedule an appointment, please call **212-218-0569** and leave your name, phone number and a brief message, and a member of the team will call you back.

For the full list of Social Services programs, pick up a Social Services calendar at the Center.

MONDAY

CLOSED 1/1, 1/15

9:30-11:00 (NO CLASS 1/1, 1/15)

Beginner English for Chinese Speakers

Sun Room

9:30-11:00 (NO CLASS 1/1, 1/15)

Tech Office Hours with Johnny

Dining Room

10:00-10:45 (NO CLASS 1/1, 1/15)

Morning Sketching

Garden Room

**JANUARY 29, 1:00-2:00

Holocaust Remembrance Book Talk: Memoir of a 2G: Story of Secrecy and Resilience

Book reading and Q & A with author Patricia C. Bischof

Sun Room

1:00-1:45 (NO CLASS 1/1, 1/8, 1/15)

Comedic Improv

331 - Auditorium

1:00-2:00 (NO CLASS 1/1, 1/15)

Connecting with our Neighbors

Dining Room

1:00-2:00 (NO CLASS 1/1, 1/15)

Virtual Still Life (Hybrid)

Meeting ID: 915 3199 7295

For passcode please email Musah mswallah@lenoxhill.org

331- 4th Floor, Art Room

1:15-3:15 (1/29 ONLY)

Opera Appreciation (Hybrid)

331 - 4th Floor, Room A

1:30-2:30 (STARTS 1/22)

ESOL Speaking and Pronunciation

331- 4th Floor, Room C

1:30-2:30 (STARTS 1/22)

Today in Tech Drop-in Lecture Series

1/22 - Developments in Artificial Intelligence

1/29 - Smart Homes and Devices

More in Tech Catalog at the Front Desk

331 - 1st Floor, Room B

1:45-2:30 (NO CLASS 1/1, 1/8, 1/15)

Improv to Script: Improv

331 - Auditorium

2:00-3:30 (NO CLASS 1/1, 1/15)

Ping Pong

Sun Room

2:15-3:15 (NO CLASS 1/1, 1/15)

Steal like an Artist: Learning Through Master Studies

331 - 4th Floor, Art Room

3:15-4:00 (NO CLASS 1/1, 1/8, 1/15)

Improv to Script: Editing

331 - 4th Floor, Room C

3:15-4:15 (1/1, 1/15)

FreeFlow Art

331 - 4th Floor, Art Room

3:15-4:30 (NO CLASS 1/1,1/15)

Open Computer Lab

331 - 1st Floor, Room B

5:00-5:45 (NO CLASS 1/1, 1/15)

Book Exchange and Discussion

Dining Room

TUESDAY

9:15-10:30 (NO CLASS 1/2)

Advanced Beginner German

Sun Room

10:00-11:00

Creating Collage

331 - 4th Floor, Art Room

** JANUARY 16, 10:30-11:30

Advisory Council Orientation

The Advisory Council is returning in 2024! Attend this orientation to learn the functions and structure of this member-led group and how to participate

Garden Room

10:30-12:00 (STARTS 1/23)

Tech: Intro to Excel

331 - 1st Floor, Room B

**JANUARY 23, 10:30-11:30

Weill Cornell Presentation: Post-Stroke Management

Garden Room

10:30-11:30

Sharing Experience Across Cultures

Sun Room

11:00-12:00

Open Art Studio

331 - 4th Floor, Art Room

11:30-12:30 (NO CLASS 1/2)

Beginner Ballet W Hannah

331 - Auditorium

12:30-2:45

Connecting Across Cultures

331 - 1st Floor, Room A

1:00-2:00

Virtual Portraits

Meeting ID: 915 3199 7295

For passcode please email Musah at mswallah@lenoxhill.org

331- 4th Floor, Art Room

1:00-2:00

Connecting with our Neighbors

Dining Room

1:00-2:00 (STARTS 1/9)

Movement Speaks

Garden Room

1:00-2:00 (NO CLASS 1/2)

Music Appreciation with Michelle

Sun Room

1:30-3:00 (STARTS 1/23)

Tech: Computer Basics

Register via 212-218-0477 or teched@lenoxhill.org

331 - 1st Floor, Room B

2:00-4:00

Sound Off with Ariana

Sun Room

2:00-4:00 (NO CLASS 1/2)

Actors' Performance Workshop

*Preregistration required at Pilarbydesign@gmail.com

331 - 4th Floor, Room A

2:30-3:15 (NO CLASS 1/2)

Beginning Piano Class with Michelle

*Preregistration closed

Garden Room

3:15-4:15 (1/16, 1/30 ONLY)

Low Vision Support Group with Alice

Garden Room

3:15-4:30 (STARTS 1/23)

Tech: Beyond Basics

331- 1st Floor, Room B

3:15-4:00 (STARTS 1/9)

Intergenerational Theater Acting Class

331 - 4th Floor, Marcus Room

*Preregistration required at Swalko@lenoxhill.org

TECH ED

Winter Technology Classes will begin the week of January 22. New and returning classes include Intro to Excel, Computer Basics, Making Art with Tablet Devices, Learn about the Cloud, Useful NYC Apps and more.

Registration begins January 10 at 9am **via phone or email only**. Please pick up a Tech Ed Catalog at the Center or contact **212-218-0477** or **teched@lenoxhill.org** for details or to register for classes on January 10.

For ongoing help, visit Open Computer Lab, Tech Office Hours, or contact 212-218-0477 or teched@lenoxhill.org to schedule a 1-on-1 Tech Help session.

TRIPS

To celebrate the 130th Anniversary of Lenox Hill Neighborhood House, we will provide trips between our two centers starting January 8 on the days below for members to enjoy activities and meals at both sites. The schedule will be as follows:

Monday

Center to Saint Peter's 10:00 a.m.

Saint Peter's to Center 3:45 p.m.

Tuesday

Saint Peter's to Center 11:15 a.m.

Saint Peter's to Center 3:45 p.m.

Wednesday

Center to Saint Peter's 10:00 a.m.

Saint Peter's to Center 3:45 p.m.

Thursday

Saint Peter's to Center 11:15 a.m.

Saint Peter's to Center 3:45 p.m.

Friday

Saint Peter's to Center 11:15 a.m.

Saint Peter's to Center 3:45 p.m.

Please come to the Center or Saint Peter's front desk at the locations and times specified above to join the trips.

ACTIVITY CALENDAR JANUARY 2024: THE CENTER @ LENOX HILL NEIGHBORHOOD HOUSE

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>9:30-10:30 Tai Chi with Fans + Qigong (in Chinese) Garden Room</div> <div>9:30-10:15 (NO CLASS 1/3) Meditation and Creative Journey Sun Room</div> <div>10:30-11:30 English Skills for Memory and Well-being with Lark (Chinese-English) Garden Room</div> <div>10:45-12:00 (NO CLASS 1/3) Intermediate Spanish Class with Christine 331 - 4th Floor, Room B</div> <div>1:00-1:45 (NO CLASS 1/3) Advanced Acting: Monologues and Scene Work One 331 - 4th Floor, Room D</div> <div>1:00-2:00 Music Creation with Michelle Sun Room</div> <div>1:00-2:00 Connecting with Our Neighbors Dining Room</div> <div>**JANUARY 3, 1:00-2:00 Monthly General Membership Meeting Garden Room</div> <div>**JANUARY 31, 1:00-2:00 Getting Older, Looking Young Skincare professionals from Pink Bridge share beauty tips for healthy and young-looking skin Garden Room</div> <div>1:00-2:00 Charcoal & Shading 331 - 4th Floor, Art Room</div> <div>1:30-3:00 (STARTS 1/24) Tech: Android for Beginners 331 - 1st Floor, Room B</div> <div>1:45-2:30 (NO CLASS 1/3) Intermediate Ballet Barre w/ Hannah - 331-Auditorium</div> <div>1:45-3:00 (NO CLASS 1/3) Advanced Acting: Monologues and Scene Work Two 331 - 4th Floor, Room D</div> <div>2:00-3:00 Chess Club with Robert Dining Room</div> <div>2:00-3:00 (NO CLASS 1/3, 1/24) English Language Partners - 331 - 1A</div> <div>2:00-3:00 Painting Studio 331 - 4th Floor, Art Room</div> <div>2:00-3:45 Movie Matinee Sun Room 1/3: Jurassic World (2015) 1/10: Jurassic Park-Lost World (1997) 1/17: Jurassic Park III (2001) 1/24: Cats (2019) 1/31: Aquaman (2018)</div> <div>2:30-3:15 (NO CLASS 1/3) Intermediate Ballet Combinations - 331 - Auditorium</div> <div>2:30-3:15 Beginning Piano with Michelle *Preregistration closed Garden Room</div> <div>3:00-4:00 (NO CLASS 1/3) Acting for the Camera 331 - 4th Floor, Room D</div> <div>3:15-4:30 Open Computer Lab - 331 - 1B</div> <div>3:30-4:15 Music Theory with Michelle Garden Room</div> <div>6:00-7:00 (VIRTUAL CLASS) Chinese Language and Culture for Beginners Zoom Meeting ID: 870 5189 8124 For passcode please email Lark at Lwen@lenoxhill.org</div>	<div>9:15-10:15 Ping Pong Sun Room</div> <div>9:30-11:00 Chinese Folk Dance (in Chinese) 331 - Auditorium</div> <div>10:00-11:00 (NEW CLASS STARTS 1/18) Mandarin for Beginners With Lark and Zhengshan Mandarin pronunciation, grammer and theme based conversations 331 - 1st Floor, Room A</div> <div>10:15-11:15 (NO CLASS 1/4) Dancercise with Hannah Garden Room</div> <div>10:30-11:45 (HYBRID 1/25 ONLY) Write Your Heart Out Meeting ID: 831 8202 5884 For passcode please email Lark at Lwen@lenoxhill.org 331 - 4th Floor, Room B</div> <div>10:30-11:15 (NO CLASS 1/4) Acting Discussion (Hybrid) For Meeting ID and passcode please email Kerri at KEvans@lenoxhill.org 331 - 4th Floor, Room A</div> <div>10:30-11:30 (STARTS 1/25) Tech: Learn about the Cloud Learn about the many ways we use the cloud to store and manage digital data Register via 212-218-0477 or teched@lenoxhill.org 331 - 1st Floor, Room B</div> <div>11:30-12:30 (NO CLASS 1/4) Beginner Tap 331 - Auditorium</div> <div>12:00-12:45 Lunch Music with Monsieur Jacques Sun Room</div> <div>**JANUARY 25, 12:45-1:00 Monthly Birthday Celebration Celebrate January birthdays with cake and music Dining Room</div> <div>1:00-1:45 (NO CLASS 1/4) Beginner Acting Garden Room</div> <div>1:00-2:00 (1/25 ONLY) Up-and-Down Old New York Register via 212 218 0335 or Lwen@lenoxhill.org 331- 4th Floor, Room B</div> <div>1:00-2:00 Connecting with our Neighbors Dining Room</div> <div>1:00-2:00 Beginner French 2 with Dean *Preregistration required at Center Front Desk 331 - 1st Floor, Room A</div> <div>1:30-3:00 (STARTS 1/23) Tech: Computer Basics Register via 212-218-0477 or teched@lenoxhill.org 331 - 1st Floor, Room B</div> <div>2:00-2:45 (NO CLASS 1/4) Intermediate Tap with Hannah 331- Auditorium</div> <div>2:00-3:45 Open Art Studio 331 - 4th Floor, Art Room</div> <div>2:45-3:30 (NO CLASS 1/4) Intermediate Tap Combinations 331 - Auditorium</div> <div>3:00-4:00 Intermediate Piano Class *Preregistration closed Sun Room</div> <div>3:15-4:00 (NO CLASS 1/4) Writing for Performance Group 1 331 - 4th Floor, Room C</div> <div>3:15-4:30 (STARTS 1/23) Tech: Beyond Basics General skills computer class for basic or proficient users; PC laptops provided; takes place twice weekly Register via 212-218-0477 or teched@lenoxhill.org 331 - 1st Floor, Room B</div> <div>3:15-4:15 Groovin’ with Clovis Garden Room</div>	<div>9:30-11:00 Tech Office Hours with Jake Dining Room</div> <div>9:30-10:30 Vocal Training (in Chinese) 331 - Auditorium</div> <div>10:00-11:00 Mixed Media Studio 331 - 4th Floor, Art Room</div> <div>10:30-11:30 Chorus Practice (in Chinese) 331 - Auditorium</div> <div>10:30-11:30 (NO CLASS 1/5) Comedic Improv Online (Hybrid) For Meeting ID and passcode please email Kerri at KEvans@lenoxhill.org 331 - 4th Floor, Room A</div> <div>11:00-12:00 Open Art Studio 331 - 4th Floor, Art Room</div> <div>11:00-12:00 Creative Writing with David: Spin out what you want to say! 331 - 4th Floor, Room B</div> <div>12:15-1:00 Lunch Music Garden Room</div> <div>12:30-1:30 (STARTS 1/26) Beginner Spanish Conversation 331- 1st Floor, Room A</div> <div>12:30-2:30 Road to Runway: Fashion 331 - 4th Floor, Room A</div> <div>1:00-1:45 (NO CLASS 1/5) Writing for Performance 331 - 4th Floor, Room C</div> <div>1:00-1:45 Simonson Technique 331 - Auditorium</div> <div>**JANUARY 19, 1:00-2:30 130th Birthday Party!!! Lenox Hill Neighborhood House turns 130 this year! Come celebrate with dancing led by Fitness Instructor Brandon, followed by festive treats 331 - Gym</div> <div>1:00-2:00 Connecting with our Neighbors Dining Room</div> <div>1:15-2:30 Watercolor with Musah Sun Room</div> <div>1:30-2:15 (STARTS 1/26) Tech: Beginner iPhone/iPad Drop-in Series 1/26 - Basic Gestures 2/2 - Making Calls More in Tech Catalog at the Front Desk 331- 1st Floor, Room B</div> <div>1:45-2:30 Simonson Combinations 331 - Auditorium</div> <div>2:15-3:00 (STARTS 1/26) Tech: Intermediate iPhone/iPad Drop-in Series 1/26 - Home Screen & Display 2/2 - Medical ID & SOS More in Tech Catalog at the Front Desk 331 - 1st Floor, Room B</div> <div>2:15-3:30 Knitting Group Garden Room</div> <div>2:15-3:45 Learn to Play Bridge Garden Room</div> <div>3:15-4:15 Groovin’ with Clovis Sun Room</div> <div>3:15-4:30 Open Computer Lab 331 - 1st Floor, Room B</div>	<div>9:30-10:30 Building Bridges Between Cultures (Conversations in English) Sun Room</div> <div>10:00-10:30 New Members Walkthrough Tour Meet in Dining Room</div> <div>10:00-11:30 Clayworks: Creating Sculpture 331 - 4th Floor, Art Room</div> <div>**JANUARY 20, 10:00-11:30 Gramercy Street Band Garden Room</div> <div>12:45-2:45 Learn to Play Bridge 331 - 4th Floor, Room B</div> <div>12:45-1:45 Body Awareness/Learning Balance 331 - Auditorium</div> <div>12:45-2:45 Connecting Across Cultures 331 - 1st Floor, Room A</div> <div>1:00-2:00 Connecting with our Neighbors Dining Room</div> <div>1:45-2:45 Tai Chi Practice - 37 Yang Style 331 - Gymnasium</div>