



ACTIVITY CALENDAR

FEBRUARY 2024: THE CENTER @ LENOX HILL NEIGHBORHOOD HOUSE

CENTER INFO

For class changes, cancellations, or next day menu, call **212-218-0319** after 6 p.m. For class descriptions, ask a staff member or volunteer at the Front Desk to view the class descriptions catalog.

CLOSURES:
All locations are closed on February 19.

HOURS
Mon-Fri, 8 a.m. - 6 p.m.
Sat-Sun, 8 a.m. - 3 p.m.

MEALS
Breakfast:
Daily, 8:15 - 9 a.m.
Lunch:
Daily, 11:30 - 12:30 p.m.
Dinner:
Mon-Fri sit-down, 4:30 - 5:30 p.m.
Sat-Sun Grab & Go, 1:30 - 2:30 p.m.

SUNDAY

12:45-2:45
Connecting Across Cultures
331 - 1st Floor, Room A

****1:00-2:00****
Sundays @ 1 Performance Series
331 - Auditorium
2/11: Sing for Hope
2/25: Sing for Hope

1:45-2:45
Connecting with our Neighbors
Dining Room

****FEBRUARY 25, 10:30-11:30****
Trivia: Figures in Black History
Learn and share your knowledge on famous African-Americans
Garden Room

TRIPS

The Centers will offer two trips per site in late February. Please look out for a February Trips Flyer with destinations and sign-up information mid-month.

TECH ED

Winter Technology Classes are currently in session with limited open spots available in registration-required classes. To view the full list of classes, pick up a Tech Ed Catalog at the front desk. To inquire about the waitlists, please contact the phone or email below.

Drop-in classes do not require registration. Drop-in classes are in the Tech Ed Catalog and in this calendar: Today in Tech Lecture Series on Mondays at 1:30 and Drop-in iPhone/iPad Series on Fridays at 1:30 and 2:15.

For ongoing help, visit Open Computer Lab, Tech Office Hours, or contact 212-218-0477 or teched@lenoxhill.org to schedule a 1-on-1 Tech Help session.

SOCIAL SERVICES

Walk-in Social Services appointments are now available Mondays and Wednesdays at the Center.
Monday 1:00 am -3:00 pm.
Wednesday 9:00am -12:00 pm.

To schedule an appointment, please call **212-218-0569** and leave your name, phone number and a brief message, and a member of the team will call you back.

For the full list of Social Services programming, pick up a Social Services calendar at the Center.

MONDAY

CLOSED 2/19

9:30-11:00 (NO CLASS 2/19)
Beginner English for Chinese Speakers
Sun Room

9:30-11:00 (NO CLASS 2/19)
Tech Office Hours with Johnny
Dining Room

10:00-11:00 (NO CLASS 2/19)
Collage
Art Room

11:00-12:00 (NO CLASS 2/19)
Open Art Studio
Art Room

12:00-1:00 (NEW CLASS, STARTS 2/5, NO CLASS 2/19)
Energetic Healing Gatherings
Join to receive energy that will help participants release what we don't need and assist our bodies in healing
331 - Gym

****FEBRUARY 5, 1:00-1:45****
Monthly General Membership Meeting
Sun Room

1:00-1:45 (NO CLASS 2/19)
Comedic Improv
331 - Auditorium
2/5 & 2/12 classes are in 331-4th Floor Room D

1:00-2:00 (NO CLASS 2/19)
Connecting with our Neighbors
Dining Room

1:00-2:00 (NO CLASS 2/19)
Virtual Still Life (Hybrid)
Meeting ID: 915 3199 7295; email mswallah@lenoxhill.org for passcode
331- 4th Floor, Art Room

****FEBRUARY 26, 1:00-2:30****
Hospital for Special Surgery Lecture on Chronic Pain
Garden Room

1:15-3:15 (2/5 ONLY)
Opera Appreciation (Hybrid)
331 - 4th Floor, Room A

1:30-2:30 (NO CLASS 2/19)
ESOL Speaking and Pronunciation
331- 4th Floor, Room C

1:30-2:30 (STARTS 1/22)
Today in Tech Drop-in Lecture Series
331 - 1st Floor, Room B

1:45-2:30 (NO CLASS 2/19)
Improv to Script: Improv
331 - Auditorium
2/5 & 2/12 Classes are in 4D

2:00-3:00 (NO CLASS 2/19)
Creative Wellness with Art
331- 4th Floor Room D

2:00-4:00 (NO CLASS 2/19)
Ping Pong
Sun Room

2:15-3:15 (NO CLASS 2/19)
Steal like an Artist: Learning Through Master Studies
331 - 4th Floor, Art Room

3:15-4:00 (NO CLASS 2/19)
Improv to Script: Editing
331 - 4th Floor, Room C

3:15-4:15 (NO CLASS 2/19)
FreeFlow Art
331 - 4th Floor, Art Room

3:15-4:30 (NO CLASS 2/19)
Open Computer Lab
331 - 1st Floor, Room B

5:00-5:45 (NO CLASS 2/19)
Book Exchange and Discussion
Dining Room

TUESDAY

9:15-10:30 (NO CLASS 2/6)
Advanced Beginner German
Sun Room

10:30-12:00
Tech: Intro to Excel
331 - 1st Floor, Room B

10:30-11:30
Rack Your Brain with Bev
Engage in stimulating word activities with Bev, Audrey and Caren
Sun Room

11:00-12:00
Morning Sketching
331 - 4th Floor, Art Room

11:30-12:30
Beginner Ballet with Hannah
331 - Auditorium

12:30-2:45
Connecting Across Cultures
331 - 1st Floor, Room A

1:00-2:00
Virtual Portraits
Meeting ID: 915 3199 7295
For passcode please email Musah at mswallah@lenoxhill.org
331- 4th Floor, Art Room

1:00-2:00
Connecting with our Neighbors
Dining Room

1:00-2:00
Movement Speaks
A movement-based class to get your energy going
Garden Room

1:00-2:00
Music Appreciation with Michelle
Sun Room

1:30-3:00
Tech: Computer Basics
331 - 1st Floor, Room B

2:00-4:00
Sound Off with Anton Mallner
Sun Room

2:30-3:15 (NO CLASS 2/27)
Beginning Piano Class with Michelle
*Preregistration closed
Garden Room

3:15-4:00 (STARTS 2/20)
Watercolor with Musah
Sun Room

3:15-4:15 (2/13, 2/27 ONLY)
Low Vision Support Group with Alice
Garden Room

****FEBRUARY 6, 3:45-4:30****
Advisory Council Q & A
Attend to learn what the Advisory Council is and how to participate; elections in March
Garden Room

****FEBRUARY 20, 3:15-4:15****
All About Auditioning!
Meet the Director of the Spring Musical, Isabel Perry
331- 4th Floor Room A

****FEBRUARY 27, 3:15-4:15****
Prepare for Your Audition
Sun Room

3:15-4:30
Tech: Beyond Basics
331- 1st Floor, Room B

****FEBRUARY 13, 4:30-5:00****
****Special Performance****
Intergenerational Theater Acting Class
331- Auditorium

ACTIVITY CALENDAR FEBRUARY 2024: THE CENTER @ LENOX HILL NEIGHBORHOOD HOUSE

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>9:30-10:30 Meditation and Creative Journey Sun Room</div>	<div>9:15-10:45 Ping Pong Sun Room</div>	<div>9:30-11:00 Tech Office Hours with Jake Dining Room</div>	<div>9:30-10:30 Building Bridges Between Cultures (Conversation for English learners) Sun Room</div>
<div>9:30-10:30 Tai Chi with Fans + Qigong (in Chinese) Garden Room</div>	<div>9:30-11:00 Chinese Folk Dance (in Chinese) 331 - Auditorium</div>	<div>9:30-10:30 Vocal Training (in Chinese) 331 - Auditorium</div>	<div>10:00-10:30 New Members Walkthrough Tour Meet in Dining Room</div>
<div>10:30-11:30 (NO CLASS 2/7 2/21) English Skills for Memory and Well-being with Lark (Chinese-English) Garden Room</div>	<div>10:00-11:00 Mandarin for Beginners With Lark and Zhengshan 331 - 4th Floor, Art Room</div>	<div>10:00-11:00 Mixed Media Studio 331 - 4th Floor, Art Room</div>	<div>10:00-11:30 (STARTS 2/10) Belly Dancing 331- 4th Floor Room D</div>
<div>**FEBRUARY 14, 10:30-11:30** Build the Block: Community Safety with NYPD 19th Precinct Sun Room</div>	<div>10:15-11:15 Dancercise with Hannah Garden Room</div>	<div>10:30-11:30 Chorus Practice (in Chinese) 331 - Auditorium</div>	<div>10:00-11:30 (2/17 ONLY) Tai Chi Practice 331-4th Floor Room A</div>
<div>10:45-12:00 (NO CLASS 2/14 &2/21) Intermediate Spanish with Christine Preregistration Closed 331 - 4th Floor, Room B</div>	<div>10:30-11:45 Write Your Heart Out (Hybrid) Zoom Meeting ID: 831 8202 5884 For passcode email Lwen@lenoxhill.org 331 - 4th Floor, Room B</div>	<div>10:30-11:30 (NO CLASS 1/16, 2/23) Comedic Improv Online (Hybrid) For Meeting ID and passcode please email Kerri at KEvans@lenoxhill.org 331 - 4th Floor, Room A</div>	<div>10:00-11:30 Clayworks: Creating Sculpture 331 - 4th Floor, Art Room</div>
<div>1:00-1:45 Advanced Acting: Monologues and Scene Work One Register via kevens@lenoxhill.org 331 - 4th Floor, Room D</div>	<div>10:30-11:30 Acting Discussion (Hybrid) For Meeting ID and passcode please email Kerri at KEvans@lenoxhill.org 331 - 4th Floor, Room A</div>	<div>11:00-12:00 Open Art Studio (Special Event:Lantern Painting on 2/23) 331 - 4th Floor, Art Room</div>	<div>**FEBRUARY 17, 10:00-11:30** SING-ALONG WITH GRAMERCY STREET BAND Garden Room</div>
<div>1:00-2:00 (NO CLASS 2/7 & 2/21) Music Creation with Michelle Sun Room</div>	<div>10:30-12:00 (ENDS 2/15) Tech: Learn about the Cloud 331 - 1st Floor, Room B</div>	<div>11:00-12:00 Creative Writing with David: Spin out what you want to say! 331 - 4th Floor, Room B</div>	<div>12:45-1:45 Body Awareness/Learning Balance 331 - Auditorium</div>
<div>1:00-2:00 Connecting with Our Neighbors Dining Room</div>	<div>10:30-12:00 (STARTS 2/22) Tech: Useful NYC Apps 331 - 1st Floor, Room B</div>	<div>12:00-12:45 Lunch Music Garden Room</div>	<div>12:45-2:45 Learn to Play Bridge 331 - 4th Floor, Room D</div>
<div>**FEBRUARY 7, 1:00-2:30 ** Celebrating Lunar New Year Garden Room</div>	<div>11:30-12:30 Beginner Tap 331 - Auditorium</div>	<div>12:00-1:30 (NEW CLASS STARTS 2/16) Exercise with Occupational Therapy Student Mark Torres 331 - Gym</div>	<div>12:45-2:45 Connecting Across Cultures 331 - 1st Floor, Room A</div>
<div>**FEBRUARY 21, 1:00-2:00** Celebrating Black History Month: Music and History with Robert Garden Room</div>	<div>12:15-12:45 Lunch Music with Monsieur Jacques Sun Room</div>	<div>12:30-1:30 Beginner Spanish Conversation 331- 1st Floor, Room A</div>	<div>12:45-2:45 (NEW CLASS) Karaoke Singalong (in Chinese) 331 - 1st Floor, Room B</div>
<div>**FEBRUARY 28, 1:00-2:00** Significant Moments in Black History with Brittney Green Garden Room</div>	<div>**FEBRUARY 29, 12:45-1:00** Monthly Birthday Celebration Celebrate this month's birthdays with cake and music Dining Room</div>	<div>12:30-2:30 Road to Runway: Fashion 331 - 4th Floor, Room A</div>	<div>1:00-2:00 Connecting with our Neighbors Dining Room</div>
<div>1:00-2:00 Charcoal & Shading 331 - 4th Floor, Art Room</div>	<div>12:45-2:30 Actors' Performance Workshop Preregistration closed 331 - 4th Floor, Room A</div>	<div>1:00-1:45 (NO CLASS 1/16, 2/23) Writing for Performance 331 - 4th Floor, Room C</div>	<div>1:45-2:45 Tai Chi Practice - 37 Yang Style 331 - Gymnasium</div>
<div>1:30-3:00 (ENDS 2/14) Tech: Android for Beginners 331 - 1st Floor, Room B</div>	<div>1:00-1:45 Beginner Acting Garden Room</div>	<div>1:00-1:45 Simonson Technique 331 - Auditorium</div>	
<div>1:30-3:00 (STARTS 2/21) Tech: Making Art with Tablet Devices 331 - 1st Floor, Room B</div>	<div>1:00-2:00 Up-and-Down Old New York Register via Lwen@lenoxhill.org for class materials 331- 4th Floor, Room B</div>	<div>**FEBRUARY 2, 1:00-2:30** Creating a Spring Festival Couplet with Calligraphy with Jiqing Feng and Freya Liu Garden Room</div>	
<div>1:45-2:30 (STARTS 2/28) Intermediate Ballet Barre w/ Hannah - 331-Auditorium</div>	<div>1:00-2:00 Connecting with our Neighbors Dining Room</div>	<div>1:00-2:00 Connecting with our Neighbors Dining Room</div>	
<div>1:45-3:00 Advanced Acting: Monologues and Scene Work Two 331 - 4th Floor, Room D</div>	<div>1:00-2:00 Beginner French 2 with Dean *Preregistration at Center Front Desk 331 - 1st Floor, Room A</div>	<div>**FEBRUARY 23, 1:00-2:30** Lantern Hanging and Riddles with Jiqing Feng and Freya Liu Garden Room</div>	
<div>2:00-3:00 Chess Club with Robert Dining Room</div>	<div>** FEBRUARY 8, 1:30-3:00** Learn to Make Dumplings Prepare and eat Chinese-style dumplings in this member-led workshop hosted by The Teaching Kitchen Garden Room and Dining Room</div>	<div>1:15-2:30 Watercolor with Musah Sun Room</div>	
<div>2:00-3:00 (NO CLASS 2/14) English Language Partners 331 - 1A</div>	<div>1:30-3:00 Tech: Computer Basics 331 - 1st Floor, Room B</div>	<div>1:30-2:15 Tech: Beginner iPhone/iPad Drop-in Series 331 - 1st Floor, Room B</div>	
<div>2:00-3:00 Painting Studio 331 - 4th Floor, Art Room</div>	<div>2:00-2:45 Intermediate Tap with Hannah 331- Auditorium</div>	<div>1:45-2:30 Simonson Combinations 331 - Auditorium</div>	
<div>2:00-3:45 Movie Matinee in the Sun Room 2/7 Poms (2019) 2/14 Love Again (2023) 2/21 The Single Moms Club (2014) 2/28 Elvis (2022)</div>	<div>2:00-4:30 Open Art Studio 331 - 4th Floor, Art Room</div>	<div>2:15-3:00 Tech: Intermediate iPhone/iPad Drop-in Series 331 - 1st Floor, Room B</div>	
<div>2:30-3:15 (STARTS 2/28) Intermediate Ballet Combinations - 331 - Auditorium</div>	<div>2:45-3:30 Intermediate Tap Combinations 331 - Auditorium</div>	<div>2:15-3:30 Knitting Group Garden Room</div>	
<div>2:30-3:15 (NO CLASS 2/7, 2/21) Beginning Piano with Michelle *Preregistration closed Garden Room</div>	<div>3:00-4:00 Intermediate Piano Class *Preregistration closed Sun Room</div>	<div>2:15-3:45 Learn to Play Bridge 331-4th Foor Room D</div>	
<div>3:15-4:00 Acting for the Camera 331 - 4th Floor, Room D</div>	<div>3:15-4:00 Writing for Performance Group 1 331 - 4th Floor, Room C</div>	<div>3:15-4:15 Groovin’ with Clovis Sun Room</div>	
<div>3:15-4:30 Open Computer Lab 331 - 1B</div>	<div>3:15-4:15 Groovin’ with Clovis Garden Room</div>	<div>3:15-4:30 (NO CLASS 2/16) Open Computer Lab 331 - 1st Floor, Room B</div>	
<div>3:30-4:15 Music Theory with Michelle Garden Room</div>	<div>3:15-4:30 Tech: Beyond Basics 331 - 1st Floor, Room B</div>		
<div>6:00-7:00 (VIRTUAL CLASS) Chinese Language & Culture Zoom Meedng ID: 87051898124</div>			