

## HEALTHIER TUNA SALAD

*This tuna recipe is made with less mayonnaise and substituted with yogurt for a healthier version of a tuna salad. Yogurt is lower in fat and calories and contains more probiotics and protein.*

SERVES 50 ADULTS

### INGREDIENTS

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14 lb. canned tuna, in water, drained  
1 ½ cups plain yogurt  
2 tablespoons oil  
2 ¼ cups light mayonnaise  
4 ½ tablespoons pickle relish  
2 ounces lemon juice  
1 onion, diced small  
½ small red onion chopped finely  
½ - ¾ head celery, sliced thinly

### DIRECTIONS

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1. Mix tuna, chopped vegetables, and remaining ingredients.