



ACTIVITY CALENDAR MAY 2024: THE CENTER @ LENOX HILL NEIGHBORHOOD HOUSE

SUNDAY

MONDAY

TUESDAY

CENTER INFO

For class changes, cancellations, or next day menu, call **212-218-0319** after 6 p.m. For class descriptions, ask a staff member or volunteer at the Front Desk to view the class descriptions catalog.

CLOSURES:

All locations open at 11 a.m. on Wednesday, May 15. All locations are closed on May 27.

HOURS

Mon-Fri, 8 a.m. - 6 p.m.
Sat-Sun, 8 a.m. - 3 p.m.

MEALS

Breakfast:
Daily, 8:15 - 9 a.m.

Lunch:
Daily, 11:30 - 12:30 p.m.

Dinner:
Mon-Fri sit-down, 4:30 - 5:30 p.m.
Sat-Sun Grab & Go,

12:45-2:45
Connecting Across Cultures
331 - 1st Floor, Room A

**** 1:00-2:00 ****
Sundays @ 1 Performance Series
331 - Auditorium
5/5 Rob Silverman
5/12 Sing for Hope Jazz Trio
5/19 Sing for Hope Jazz Trio
5/26 Studio 94 Cabaret

1:45-2:45
Connecting with our Neighbors
Dining Room

SOCIAL SERVICES

Walk-in Social Services appointments are available Mondays and Wednesdays. Please refer to the Social Services Calendar for full details.

To schedule an appointment, please call **212-218-0569** and leave your name, phone number and a brief message, and a member of the team will call you back. For the full list of Social Services programming, pick up a Social Services calendar at the Center.

TRIPS

From The Center:

Thursday, 5/9, 12:15-2: Museum of Chinese in America

Wednesday, 5/15, 1-4: Queens County Farm Museum

Thursday, 5/16, 1-4: Korea Town @ 32nd St

Monday, 5/27, 1-4: Costco

Thursday, 5/30, 1-3: American Folk Art Museum

Sign up for trips from the Center on Monday, May 6 at 10:30 a.m. in the Dining Room or call 212-218-0315.

From Saint Peter's:

Monday, 5/13, 11-2: Socrates Sculpture Park

Wednesday, 5/15, 11-3: New York Botanical Gardens

Tuesday, 5/21, 11-2: The Highline and Hudson Yards

Thursday, 5/23, 11-3: Arthur Avenue

Tuesday, 5/28, 11-3: Brighton Beach

Sign up for trips from Saint Peter's on Friday, May 3 at 11:00 a.m. or call 646-306-4492.

TECH ED

Spring Technology classes are currently at capacity. To inquire about the waitlist, contact the Tech Ed team at the contact info below.

For ongoing help, visit Open Computer Lab, Tech Office Hours, or contact **212-218-0477** or **teched@lenoxhill.org** to schedule a 1-on-1 Tech Help session.

Closed 5/27

8:45-9:30 (NO CLASS 5/27)
English Communication Skills
Garden Room

9:30-11:00 (NO CLASS 5/27)
Beginner English for Chinese Speakers
Sun Room

9:30-11:00 (NO CLASS 5/27)
Tech Office Hours with Johnny
Dining Room

10:00-11:00 (NO CLASS 5/27)
Collage
331 - 4th Floor, Art Room

11:00-12:00 (NO CLASS 5/27)
Open Art Studio
331 - 4th Floor, Art Room

**** MAY 6, 10:30-11:15 ****
May Trip Sign Ups
Dining Room

12:00-1:00 (NO CLASS 5/27)
Energetic Healing Gatherings
331 - 4th Floor Room D

1:00-2:00 (NO CLASS 5/27)
Comedic Improv
331 - Auditorium

1:00-2:00 (NO CLASS 5/27)
Connecting with our Neighbors
Dining Room

1:00-1:45 (NO CLASS 5/27)
Tech: Android for Beginners
331 - 1st first Floor, Room B

**** MAY 13, 1:00-2:00****
Caregiver Program Presentation
Learn about Lenox Hill Neighborhood House's support program for Caregivers
Garden Room

1:00-2:00 (NO CLASS 5/27)
Basic Salsa Dancing for Beginners
Sun Room

**** MAY 13, 1:00-2:00 ****
How to Function at Your Best
In-home physical therapy introduction with Stern At Home Therapy
Garden Room

1:15-3:15 (5/6, 5/20 ONLY)
Opera Appreciation (Hybrid)
331 - 1st Floor, Room A

1:15-2:15 (NO CLASS 5/27)
Holocaust Remembrance Discussion Group with Patricia C. Bischof
Author of *Memoir of a 2G: Story of Secrecy and Resilience*
331 - 4th Floor, Room D

2:00-4:00 (NO CLASS 5/27)
Ping Pong
Sun Room

2:15 - 3:15 (NO CLASS 5/27)
Steal like an Artist: Learning Through Master Studies
331 - 4th Floor, Art Room

2:30-4:00 (5/6 ONLY)
Tech: All About AI
331 - 1st Floor, Room B

2:30-4:00 (NEW CLASS STARTS 5/13, NO CLASS 5/27)
Tech: Mac Basics
331 - 1st Floor, Room B

2:45-4:00 (NO CLASS 5/27)
Improv to Script: Editing/ Reading
Register via kevans@lenoxhill.org
331 - 4th Floor, Room D

3:15-4:15 (NO CLASS 5/27)
Open Art Studio
331 - 4th Floor, Art Room

8:45-9:30
English Communication Skills
Garden Room

9:15-10:30
Advanced Beginner German
Sun Room

10:00-11:00
Morning Sketching
331 - 4th Floor, Art Room

10:30-11:30
Rack Your Brain with Bev
Sun Room

11:00-12:00
Tech: Science Through Technology
331 - 1st Floor, Room B

11:30-12:30 (NO CLASS 5/28)
Beginner Ballet with Hannah
331 - Auditorium

12:30-2:45
Connecting Across Cultures
331 - 1st Floor, Room A

1:00-2:00
Connecting with our Neighbors
Dining Room

1:00-2:00
Movement Speaks
331-4th Floor Room A

**** MAY 7, 1:00-2:00 ****
Stroke Community Education Session
Garden Room

1:00-2:00
Music Appreciation with Michelle
Sun Room

1:30-3:00
Tech: Computer Basics
331 - 1st Floor, Room B

2:00-3:00 (NO CLASS 5/28)
Free Art
331-Art Room

2:00-3:15 (NEW ROOM & TIME)
Sound Off with Anton Mallner
Garden Room

2:30-3:15 (ENDS ON 5/28)
Beginning Piano Class with Michelle
Sun Room

2:45-4:30
Advanced Acting Monologues
Register via kevans@lenoxhill.org
331- 4th Floor Room A

3:00-4:00 (NO CLASS 5/28)
Drawing & Illustration
331-Art Room

3:00-3:45
Tech: Beyond Basics
331-1st Floor, Room B
Preregistration required via 212 218 0477)

3:30-4:15 (NEW CLASS STARTS 5/21)
Learn Line Dancing with Audrey
Garden Room

3:45-4:30
Tech: Beyond Basics: Practice Lab
331- 1st Floor, Room B
Preregistration required via 212 218 0477)

ACTIVITY CALENDAR MAY 2024: THE CENTER @ LENOX HILL NEIGHBORHOOD HOUSE

WEDNESDAY

Center Opens at 11 a.m. on 5/15

8:30-9:15 (NO CLASS 5/15)

English Communication Skills
Garden Room

9:30-10:30 (NO CLASS 5/15)
Tai Chi with Fans + Qigong (in Chinese)
Garden Room

10:30-11:30 (NO CLASS 5/15)
English Skills for Memory and Well-being with Lark (Chinese-English)
Garden Room

10:45-12:00 (NO CLASS 5/15)
Intermediate Spanish Class with Christine
331-4th Floor, Room B

**** MAY 8, 10:30-11:30 ****
SNAP/Healthy Food Benefits Overview with Stephanie Schroeder, Benefits Advocate
Sun room

12:30-1:30
Chat and Chew
Discussion over tea and cookies about human wisdom from various cultures. Led by experienced professor of English, Heather
Garden Room

**** MAY 8, 1:00-2:00 ****
Monthly General Membership Meeting
Garden room

1:00 - 2:00
Karaoke with Michelle
Sun Room

1:00 - 2:00
Connecting with Our Neighbors
Dining Room

1:00 - 2:00 (5/8, 5/22 ONLY)
How to Manage Your Vision Change
331 - 1st Floor, Room A

1:00 - 2:00 (SPECIAL CLASS)
Ceramic Jewelry with Syma Session 1
331 - Art Room

1:15 - 2:00 (NO CLASS 5/29)
Intermediate Ballet Barre with Hannah
331 - Gym

2:00 - 2:45 (NO CLASS 5/29)
Ballet Combinations
331 - Gym

2:00 - 3:00
Chess Club with Robert
Dining Room

2:00 - 3:00
English Language Partners
331 - 1st Floor, Room A

2:00 - 3:30
Ceramic Jewelry with Syma Session 2
331 - Art Room

2:00 - 3:45
Movie Matinee
Bette and Joan
5/1 Episode 1 and 2 (Pilot & The Other Woman)
5/8 Episode 3 and 4 (Mommie Dearest & More, or Less)
5/15 Episode 5 and 6 (And the Winner is ... & Hagsploitation)
5/22 Episode 7 and 8 (Abandoned & You Mean All This Time We Could Have Been Friends?)
5/29 Downtown Abbey (2019)
Sun Room

2:30-3:15 (ENDS ON 5/29)
Beginning Piano with Michelle
Preregistration Closed
Garden Room

2:30-4:30 (NO CLASS 5/22)
Advanced Acting Scenework
Pre-registration required email kevas@lenoxhill.org
331 - 4th Floor, Room D

3:15 - 4:30
Open Computer Lab
331 - 1st Floor Room B

3:30-4:15 (ENDS ON 5/29)
Music Theory with Michelle
Preregistration Closed
Garden Room

THURSDAY

8:45-9:30
English Communication Skills
Garden Room

9:15-11:00
Ping Pong
Sun Room

9:30-11:00
Chinese Folk Dance (in Chinese)
331 - Auditorium

10:30-11:45 (NO CLASS 5/23)
Write Your Heart Out (Hybrid)
Zoom Meeting ID: 831 8202 5884
331 - 4th Floor, Room B

10:30-11:30
Acting Discussion (Hybrid)
Zoom info via KEvans@lenoxhill.org
331 - 4th Floor, Room A

10:30-12:00 (ENDS 5/9)
Tech: Learn about the Cloud
331 - 1st Floor, Room B

10:30-12:00 (NEW CLASS STARTS 5/16)
Tech: Useful NYC Apps
331 - 1st Floor, Room B

**** MAY 16, 10:30-11:30 ****
NY Connects Referral Services Info Session
Discover options for long-term services support through NY Connects
Garden Room

11:30-12:30 (NO CLASS 5/30)
Beginner Tap
331 - Auditorium

12:15-1:00
Let's Sing Again with Monsieur Jacques
Sun Room

**** MAY 30, 12:45-1:00 ****
Monthly Birthday Celebration
Celebrate this month's birthdays with cake and music @Dining Room

**** MAY 16 ONLY, 1:00-2:30 ****
Hospital for Special Surgery Lecture Series Part 3: Mindfulness Strategies for Managing Chronic Pain
Garden Room

1:00-1:45
Beginner Acting
Garden Room
(331-4th Floor Room A on 5/16 only)

1:00-1:45
Open Art Studio Session 1
331-Art Room

1:00-2:00
Connecting with our Neighbors
Dining Room

1:00-2:00
Beginner French 2 with Dean
*Preregistration at Center Front Desk
331 - 1st Floor, Room A

**** MAY 23, 1:00-2:30****
Talent is Timeless Audition
331- Auditorium

1:30-3:00
Tech: Computer Basics
331 - 1st Floor, Room B

1:45-2:30
Open Art Studio Session 2
331-Art Room

2:00-2:45 (NO CLASS 5/30)
Intermediate Tap with Hannah
331- Auditorium

2:45-3:30 (NO CLASS 5/30)
Intermediate Tap Combinations
331 - Auditorium

3:00 - 4:00 (ENDS 5/30)
Intermediate Piano Class
Sun Room

3:00-3:45
Tech: Beyond Basics
331 - 1st Floor, Room B

3:15-4:00
Writing for Performance (Hybrid)
331 - 4th Floor, Room A

3:15 - 4:15
Groovin' with Clovis
Dining Room

3:45-4:30
Tech: Beyond Basics: Practice Lab
331 - 1st Floor, Room B

FRIDAY

8:45-9:30
English Communication Skills
Garden Room

9:30-11:00
Tech Office Hours with Jake
Dining Room

9:30-10:30
Vocal Training (in Chinese)
331 - Auditorium

10:00-11:00 (NO CLASS 5/24)
Mixed Media Studio
331 - 4th Floor, Art Room

10:30-11:30
Chorus Practice (in Chinese)
331 - Auditorium

10:30-11:30
Comedic Improv Online (Hybrid)
For Meeting ID and passcode please email Kerri at KEvans@lenoxhill.org
331 - 4th Floor, Room A

10:30-11:30
Write A Letter to Anyone: Dead or Alive
331 - 4th Floor, Room B

11:00-12:00 (NO CLASS 5/24)
Open Art Studio
331 - 4th Floor, Art Room

12:30-1:15
Lunch Music
Garden Room

12:30-2:30
Road to Runway: Fashion
331 - 4th Floor, Room A

1:00-1:45 (NO CLASS 5/24)
Simonson Technique
331 - 4D

1:00-2:00
Creative Wellness through Arts
Garden Room

1:00-2:00
Connecting with our Neighbors
Dining Room

**** MAY 10, 1:30-2:30 ****
OMNY Presentation with the MTA
In partnership with the MTA and the office of New York Assembly Member Rebecca A. Seawright, please join to learn about the OMNY system
Garden Room

1:45-2:30 (NO CLASS 5/24)
Simonson Combinations
331 - 4D

2:15-3:30
Knitting Group W Ellen and Jianxia
Garden Room

2:30-4:30
Learn to Play Bridge
331-4th Floor Room A

3:15-4:15
Groovin' with Clovis
Sun Room

3:15-4:30
Open Computer Lab
331 - 1st Floor, Room B

SATURDAY

9:30-11:00
Building Bridges Between Cultures (Conversation for English learners)
331-4th Floor Room C

**** MAY 11, 9:30-11:00 ****
Gramercy Street Band Performance
Garden Room

**** MAY 4, 10:00-10:45**
Monthly New Member Orientation
-Member Rights and Center Policies
-Meet the Staff
-Programming Overview
-Social Services Overview
Meet at Center Dining Room

10:00-11:30 (5/4,5/11 ONLY)
Belly Dancing Performance Workshop
331- Auditorium

10:00-11:30 (NO CLASS 5/11)
Clayworks: Creating Sculpture
331 - 4th Floor, Art Room

10:00-11:30 (NEW CLASS, STARTS 5/4)
Tai Chi and Qigong (in Chinese)
331 - 4th Floor, Room D

12:45-1:45 (NO CLASS 5/11)
Body Awareness/Learning Balance
331 - Auditorium

12:45-2:45
Learn to Play Bridge
331 - 4th Floor, Room A

12:45-2:45
Connecting Across Cultures
331 - 1st Floor, Room A

12:45-2:45
Karaoke Singalong (in Chinese)
331 - 4th Floor, Room D

**** MAY 11, 11:00-11:45 ****
Build the Block: Community Safety with the NYPD 19th Precinct
Garden Room

**** MAY 11, 1:00-2:00 ****
EnoB Classical Concert Celebrating Asian Heritage Month: Creating Positivity & Spreading Happiness Around Us
Featuring Korean and Chinese Music
331- Auditorium

1:00-2:00
Connecting with our Neighbors
Dining Room

1:45-2:45
Tai Chi Practice- 37 Yang Style
331-Gym